

An
Unconditional
Welcome

RESILIENCE IN REACH Online Peer Network

What to expect:

- A safe, supportive space to share experiences
- Connect with others who understand your journey
- Learn practical tips and coping strategies
- Guest speakers and lived experience stories
- Resources and tools to support your family



Online Meeting

Invite sent upon registration



30 October 2025
5pm – 7pm

WHAT WE OFFER



Support

100% Peer guided support from parents, carers, families and kin with lived experience.



Lived Experience

Codesigned by parents, carers, families and kin, along with young people.



Resources

Codesigned workshops to increase knowledge, skills and confidence.



Community

Sharing our stories to empower others.

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Resilience in Reach
AN INITIATIVE OF

